DISCLAIMER, LIABILITY RELEASE, AND INDEMNITY

On behalf of myself, my spouse, children, heirs, successors, and assigns and any others in privity with me (hereinafter "Releasors") – including those who will be riding on their own bicycles or in "child seats" of any kind or will be walking or otherwise present – I acknowledge and affirm that I/we are fully responsible for my/our own preparation, equipment, behavior, and safety while participating in events or programs organized by or associated with the Massachusetts Bicycle Coalition (also known as MassBike), Boston Bicycle Festival, Inc. known as Hub On Wheels bike festival (hereinafter Hub On Wheels), or the Cambridge Bicycle Committee.

I/we agree to comply with all local, state, and city laws, ordinances, and regulations covering traffic, fire, safety, health and all other matters.

I/we acknowledge that MassBike and Hub On Wheels programs and activities may be conducted over public roads and facilities open to the public upon which the hazards of traveling are to be expected. I/we further agree and warrant that if at any time I/we believe conditions to be unsafe, or I/we doubt my own ability to participate, I/we will immediately discontinue further participation in the program or activity.

I sign this with full understanding that bicycling involves risks and dangers of serious bodily injury, including permanent disability, paralysis, and the risk of death; that these risks and dangers may be caused by our own actions or inactions or inactions of others participating in the activity, the condition of the roads or locations in which the activity takes place, or the negligence of the other participants. There may be other risks and social or economic losses either not known to me or not readily foreseeable at this time and I/we fully assume all such risks and all responsibility for losses, costs, and damages I/we incur-as a result of my participation in a MassBike or Hub On Wheels activity.

On behalf of myself, my spouse, children, heirs, successors, and assigns and any others in privity with me ("Releasors"), I/We hereby release, discharge, covenant not to sue, save and hold harmless MassBike, the Hub On Wheels program, the Boston Bicycle Festival Inc., the Digital Bridge Foundation, sponsors, underwriters, and partners of Hub On Wheels activities, other cooperating Bicycle Clubs or organizations, the City of Boston, the state of Massachusetts, and for all these organizations their agencies, departments, representatives, administrators, directors, agents, employees, consultants, partners, subcontractors, vendors, sponsors, advertisers, other participants, and owners, lessors, and lessees of premises on which Hub On Wheels activities take place (each considered one of the participants herein and hereinafter "Releasees") from all liability, claims, demands, losses, damages, government charges or fine, attorney's fees, and any other obligations arising out of, relating to, or caused by my/our participation in the Flub On Wheels programs or activities or caused by or alleged to be caused in whole or in part by the negligence of the Releasees, or otherwise, including negligent rescue operations.

Further, l/We hereby agree to indemnify MassBike or Hub On Wheels for any claim made against it by myself, my spouse, children, heirs, successors, assigns, or anyone else on my behalf, for all expenses, including but not limited to, all costs of defense, including reasonable attorneys fees.

By signing below, I acknowledge and affirm that I have read this agreement, fully understand its terms, and have signed it freely and voluntarily and without any inducement or assurance of any nature, and intend it to be a complete and unconditional release and indemnity of all liability to the Releasees to the greatest extent allowed by law, and agree that if any portion of this agreement is held to be invalid the balance, not withstanding, shall continue in full force and effect.

Witness my/our hand(s) and seal(s) the date stated below.

Signature

Printed Name Date

If participant is under age 18, signature & name of Legally Responsible Adult is also required:

Signature of Parent/Guardian	Printed Name	Date
->Email:	->Telephone Number	r:
-Postal Address:		
THIS DISCLAIMER, RELEASE, AND INDEMNITY N	MUST BE SIGNED A	ND RETURNED TO RIDE

LEADER <u>BEFORE THE RIDE BEGINS</u>

RULES FOR RIDERS

1) This is a recreational ride, not a race.

2) This is a group ride: Look out for the welfare and recreational enjoyment of all other participants:

a.Be courteous, helpful, and patient.

b.Follow the directions of the Rider Leader(s) and Sweep.

c.Stay behind the front leader and in front of the Sweep.

3) If you wish to strike out on your own, or leave the group before the announced end of the ride, you should inform the Ride Leader(s) in advance and when you leave. Once you leave, you are no longer connected to or considered part of the Boston Bicycle Festival event in any way.

4) All participants must wear a properly secured, safety certified helmet while cycling.

5) All participants must bring enough water & snack food for their own needs.

6) All participants must bring basic bike repair/tire patch and first aid kits.

7) Obey all relevant traffic laws and regulations:

a.Stop at traffic lights and stop signs,

b.Obey one-way streets,

c.Give pedestrians the right of way,

d.Don't block 'right turn on red' lanes, etc.

8) Use your voice and hand signals to let others know about movement.

a. Yell 'Stopping,' 'Turning Left,' etc.

b. Use your left arm for left turns and right arm for right turns;

0.Indicate stopping with your left arm turned down with palm facing backward;

a.Point to road hazards with arm on side of hazard you are going around.

c. Let other riders know if a car is approaching from behind (`Car back!') or coming towards us (Tar up!')

9) Ride cautiously:

a. Watch the person in front of you, and don't ride too close.

b. Notice road conditions in the stretch ahead.

- 0. Be predictable and visible so the people (on bikes or in cars) behind you can anticipate and prepare for your actions.
- 10) Make sure that your own equipment is in working order. At a minimum, do an "ABC Quick Check" review:

a.Air (squeeze & spin tires),

b.Brakes (try them!),

c.Chain (not too loose),

d.Quick (bounce bike to see if quick releases are all tight).

11) Share the road with cars gracefully:

- a. When there is traffic, stay in a single line and leave gaps in the line so cars can pass more easily.
- b. Don't clump into groups of more than 5 or 6.
- c. Always ride on the right side of the road, not the middle.
- d. Only pass on the left and announce your move ('passing').
- e. Move completely off the road whenever you stop, even if only briefly.
- 12) Wave, smile, and otherwise let the people we pass know that we respect them and are happy to be in their neighborhood.